

Licensed Child Care Services

Our Child Care Centres have licensed child care spaces for Infants, Toddlers and Preschoolers. Hours of operation are 7:00am to 5:30pm, Monday through Friday. Extended hours of care are also available 6:30-7:00am & 5:30-6:00pm for an additional cost of \$3.75 each if required.

THE HUB CHILD CARE CENTRE (PICKTON SITE)

Located at 10 McFarland Court, Picton

Contact Margie McConnell 613-476-5566 or email margiem@thehubcentre.ca.



THE HUB CHILD CARE CENTRE (MASS-RED SITE)

Located at 1115 County Road #3, RR#1, Belleville

Contact Stacey Stanford 613-503-1334 or email staceys@thehubcentre.ca.

HOME CHILD CARE PROGRAM

Licensed caregiver homes located throughout Prince Edward County

Offering flexible days and hours of child care

The Home Child Care program offers families another licensed child care option. Caregivers and their homes are licensed, and follow the same regulations as centre-based child care. A maximum of 6 children are allowed per home. Caregivers may qualify for an additional \$20.00 a day.

Contact Rachel Mann 613-476-8142 or email rachelk@thehubcentre.ca.



THE MIDDLE YEARS

Licensed programs are located in QE, CML Snider and Kente (not Preschool) Schools.

PRESCHOOL PROGRAMS

Cost is \$120 per month for 2 - 1/2 days per week.

BEFORE & AFTER SCHOOL PROGRAMS

Cost is \$8 Before/\$12 After (incl. snack). Need Before School at QE from 7:00-8:15am? Let us know! We've started a list and if numbers warrant, we'll make it happen!

PA DAY, CHRISTMAS, and MARCH BREAK SCHOOL AGE CHILD CARE

Programs will operate at school locations if numbers warrant it. It's important to register (if not already registered) if interested. Contact Stacey Stanford 613-503-1334 or email staceys@thehubcentre.ca.

Partner Agency - Community Development Council of Quinte

These programs help families in Hastings & PE County to stretch their food dollars, reduce costs and meet the nutritional food needs.

GOOD FOOD BOX

Order and pay by the 1st Wednesday of the month, pick up on 3rd Wednesday at The HUB.

GOOD BABY BOX

For reasonable cost families can purchase diapers, baby food and specialty items for children ages infant to 2 years old.

PEC residents contact The HUB and Hastings residents contact CDC at 613-968-2466 for inquiries.



Growing Healthy Families
www.thehubcentre.ca



10 McFarland Ct, Picton ON K0K 2T0
613 · 476 · 8142 / kimh@thehubcentre.ca



The HUB Newsletter October & November 2017

20th Anniversary Open House & Alumni Celebration Saturday, October 28th, 10am to noon

We've been 20 years at 10 McFarland Court, Picton!

Established in 1989 as Prince Edward Child Care Services the agency has operated for 28 years. If you and/or your child have been a part of the agency in any way over this time, please join us on Saturday, October 28th and celebrate with us. Pass the word along to others.

Everyone is welcome! Children's activities will include Fall Harvest theme sensory play, pumpkin hammering and carving, an obstacle course, creative snack & more!

Our doors will be open wide during Week of the Child (October 23-28th) & ECE/Child Care Worker Appreciation Day (October 25th)

You're welcome to stop in, visit with staff, have a tour throughout the week & Saturday at: The HUB Child & Family Centre & The HUB Child Care Centres (Picton Site), 10 McFarland Court, (Massassaga-Rednersville Site), 1115 County Road #3, Belleville (Monday-Friday only)

SCHOLASTIC BOOK FAIR at the OEYC November 28th - December 1st



open a world of possible

We're doing it again! We'll be holding a Scholastic Book Fair for 4 days in November, with lots to choose from. There will be a wide variety of books and other items available for children JK through Gr. 8. Proceeds of the Book Fair will benefit OEYC programs.

w: thehubcentre.ca e: kimh@thehubcentre.ca p: 613-476-8142 See us on Facebook, Twitter & Instagram

Family Resource & Ontario Early Years Centre Programs

Important Dates

Oct. 1-7 - "World Breastfeeding Week" in Canada
 Monday, Oct. 9 - Thanksgiving Stat. Holiday
 Oct. 23-28 - Open House from 9-11am at Child Care Centres and OEYC - Week of the Child and ECE & Child Care Worker Appreciation
 Saturday, Oct. 28 - Special Saturday Event - 20th Anniversary & Harvest Celebration
 Tuesday, Oct. 31 - Halloween
 Sunday, Nov. 5 - Daylight Savings Time ends
 Saturday, Nov. 11 - Remembrance Day



Playgroup Changes

With the anticipated cooler Fall temperatures we'll be moving outdoor playgroups at parks, back inside to school locations.

Please note the following changes:

1. The "Intergenerational" playgroup changes from Monday to Tuesday mornings, and from H.J. McFarland Nursing Home to The Manor on Loyalist Parkway.
2. Tuesday evening playgroup at Emmanuel Baptist Church, moves to QE School, Picton.
3. We will be having two Saturday playgroups per month at The OEYC.

Please take the time to look at the Playgroup-Program Schedule as all changes are noted with locations and times.

Special Saturday Events

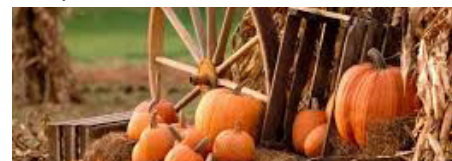
20th Anniversary & Harvest Celebration

at the Ontario Early Years Centre
 October 28th, 10:00am-12:00pm

We join in for The HUB's Open House & Alumni Celebration and Week of the Child and ECE & Child Care Work Appreciation Day with events on Saturday, such as:

- Pumpkin hammering and carving
- Giant Fall Harvest sensory play with pulley and weigh station
- Obstacle course & more!

Check on our website and Facebook page for updates!



Prenatal & Parenting Education Programs

Babies & Beyond Group - Teens Supporting Teens

NEW at the Ontario Early Years Centre
 Tuesdays, 11:00am-2:00p

Are you under 21? Pregnant or have children? The wonders of babies can bring many challenges. The community is here to support you. Contact Sabrina, Early Learning Facilitator, 613-476-8142 or email sabrinah@thehubcentre.ca.

Preparation for Parenthood & Breastfeeding

at the Ontario Early Years Centre
 Monday, November 6 & 20th, 6:00-8:30pm

Register by phoning 613-966-5500 or online at <http://hpepublichealth.ca/clinics-classes/prenatal-education>.

Labour & Delivery with Peggy Neil, PEFHT nurse

at the Ontario Early Years Centre
 Wednesday, November 29th from 6:30-8:30

Baby Club

at the Ontario Early Years Centre
 Wednesdays from 1:00-3:00pm

Upcoming Guest Speakers & Activities

- INFANT FEEDING - October 11th - Learn when & how to start baby on solid food
- USING ESSENTIAL OILS - October 18th - Learn how to use them safely with baby
- BABY YOGA - November 8th - For mom & baby facilitated by Melanie Veenstra

Free Triple P Parenting Program with Sabrina

at the Ontario Early Years Centre
 Mondays, October 16, 23 & 30, 1:00-3:00pm

Triple P gives parents simple tips to help manage the big and small problems of family life, like toddler tantrums, self-esteem issues, bedtime battles, disobedience and aggression. Triple P Parenting Program can help you deal with these things- and more!

To register contact Julie London, 613-968-1144, email triplep@cmhs-hpe.on.ca, or register online at <http://www.triplep-parenting.ca/ont-en/find-help/find-a-session/>

Child care is available!



Playgroup-Programs Schedule

Programs are free unless stated. Ask us about qualifying for transportation assistance.

PROGRAM	LOCATION	TIME	NOTES
MONDAY			
Playgroup	OEYC	9:00am - 11:30am	Oct. 2, 16, 23, 30, Nov. 6, 13, 20, 27
Playgroup	Queen Elizabeth Public School	9:30am - 11:30am	Oct. 2, 16, 23, 30, Nov. 6, 13, 20, 27
Playgroup	Emmanuel Baptist Church, Bloomfield	9:30am - 11:30am	Oct. 2, 16, 23, 30, Nov. 6, 13, 20, 27
TUESDAY			
Playgroup	Kente Public School	9:30am - 11:30am	Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 21,
Intergenerational Playgroup	H.J. McFarland Nursing Home	9:30am - 11:30am	Oct. 24, 31, Nov. 7, 14, 21, 28
"Busy Feet" Evening Plagroup	QE Elizabeth Public School	6:30pm - 8:00pm	Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 21,
WEDNESDAY			
Playgroup	OEYC	9:00am - 11:30am	Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 22, 29
Playgroup	CML Snider School	9:30am-11:30am	Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 22, 29
Playgroup	Sophiasburgh School	9:30am - 11:30am	Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 22, 29
Playgroup	Athol South Marysburgh School	9:30am - 11:30am	Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 22, 29
Baby Group	Baby Club	1:00pm - 3:00pm	Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 22, 29
THURSDAY			
Baby Group	OEYC	9:00am - 11:30am	Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23, 30
Playgroup	Picton Public Library	9:30am - 11:30am	Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23, 30
Playgroup	Massassaga-Rednersville School	9:30am - 11:30am	Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23, 30
FRIDAY			
Playgroup	OEYC	9:00am - 11:30am	Oct. 6, 13, 20, 27, Nov. 3, 10, 17, 24
Playgroup	Macaulay Mountain (Bird House City)	9:30am - 11:30am	Oct. 6, 13, 20, 27, Nov. 3, 10, 17, 24
SATURDAY			
Playgroup	Ontario Early Years Centre	9:30am - 11:30am	Oct. 7, 21, Nov. 4, 18
Special Saturday Event	Ontario Early Years Centre	10:00am - noon	October 28

Pre-register Classes

Please call 613 - 476 - 8142 or email kimh@thehubcentre.ca

SUBJECT	LOCATION	DATE	TIME	DEADLINE
Triple P	OEYC	October 16	1:00pm - 3:00 pm	October 13
Triple P	OEYC	October 23	1:00pm - 3:00 pm	October 20
Triple P	OEYC	October 30	1:00pm - 3:00 pm	October 27
Preparation for Parenthood	OEYC	November 6	6:00pm - 8:30pm	November 3
Breastfeeding	OEYC	November 20	6:00pm - 8:30pm	November 17

PARTNER AGENCY - Hastings Prince Edward Public Health

The HUB Child & Family Centre partners with the HPEPH in the facilitation and location of prenatal education classes in Picton. Parent registration packages for some programs require Proof of Immunization, which is provided by HPEPH, Belleville office. Dental screenings and Infant Feeding classes are also offered by the HPEPH at all HUB programs.

